

What's on the Menu?

December 2023 S.T.E.M. Academy
Breakfast Menu

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

Sides

- Sausage Patty/Links OR
- Turkey Bacon
- Home Fries Or
- Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice

Monday



4
Maple Burst Mini Pancakes w/ Syrup

Bagel & Cheese Melt

11
Skewered Turkey Sausage Pancake w/ Syrup

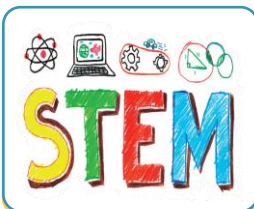
Toasty Egg & Cheese Sandwich

18
Whole Grain Breakfast Pizza w/ Turkey Sausage

Turkey Ham & Cheese Quesadilla

25
**WINTER BREAK
NO SCHOOL**

Tuesday



5
Turkey Sausage, Egg & Cheese Sandwich

Bacon, Egg & Cheese Sandwich

12
Golden Brown Mini Maple Waffles

Turkey Sausage Biscuit

19
Turkey Sausage, Egg & Cheese on a Flaky Biscuit

Bagel & Cheese Melt

26
**WINTER BREAK
NO SCHOOL**

Wednesday



6
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs

Bagel & Cheese Melt

13
Toasted Bagel w/ Cream Cheese

Toasty Egg & Cheese Sandwich

20
Golden Brown Mini Maple Waffles w/ Syrup

Turkey Ham & Cheese Quesadilla

27
**WINTER BREAK
NO SCHOOL**

Thursday



7
Golden Brown Mini Maple Waffles

Bacon, Egg & Cheese Sandwich

14
Breakfast Pizza w/ Turkey Bacon & Scrambled Eggs

Turkey Sausage Biscuit

21
Cinnamon Glazed French Toast Sticks

Bagel & Cheese Melt

28
**WINTER BREAK
NO SCHOOL**

Friday

1
Whole Grain Bagel w/ Cream Cheese

Turkey Ham & Cheese Quesadilla

8
Crispy White Meat Chicken Breakfast Sandwich

Bagel & Cheese Melt

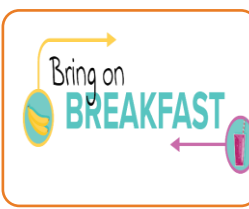
15
Whole Grain Bagel w/ Cream Cheese

Toasty Egg & Cheese Sandwich

22
Skewered Turkey Sausage Pancake w/ Syrup

Turkey Ham & Cheese Quesadilla

29
**WINTER BREAK
NO SCHOOL**



All meals served with low fat milk

*This institution is an equal opportunity provider.
Menu subject to change without notice.*

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December 2023
S.T.E.M Academy Lunch

Monday

Tuesday

Wednesday

Thursday

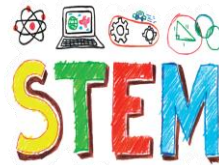
Friday

Wild Greens

M - Caesar Salad
T - Tuna Salad
W - Chef Salad
Th - Egg Salad
F - BBQ Chicken Salad



Global Eats



GLOBAL EATS:

MEXICO

"Albondigas con Arroz"
Meatballs with Rice
Refried Beans
Lettuce & Salsa

MAC & CHEESY OLOGY

Deli

M - Turkey & Cheese
T - Turkey Ham & Cheese
W - Italian Hoagie
Th - Chicken Salad
F - Tuna Salad

Student Choice: Mac & Cheesology

Choice of toppings:
Buffalo Chicken
Roasted Tomato
Roasted Broccoli
Seasoned Corn

GLOBAL EATS: MEXICO

Mexican Style
Hotdogs
Black Beans
Elotes Style Corn

Great America: Roadtrip

Cajun Rubbed Chicken
Thighs
Black Beans w/ Peppers
& Onions
Spiced Warm Peaches

Great America: Roadtrip

Beef & Bean Chili
Cornbread
Corn and Bean
Succotash

Great America: Roadtrip

BBQ Pulled Chicken
Seasoned Spinach
Tater Tot Casserole



SONO Toppings:

- Lettuce
- Tomato
- Onion
- Cheddar
- Jalapenos
- Pico De Gallo

SONO:

Taco Seasoned Beef
Taco Seasoned
Chicken
Soft Flour Tortillas
Or Tortilla Chips
Choice of Toppings

Potato Bar!!
Mashed Potato or
French Fries
Choice of Toppings:
Beef, Cheese, Corn

SONO:

Taco Seasoned Fish
Taco Seasoned
Chicken
Soft Flour Tortillas
Or Tortilla Chips
Choice of Toppings

Wing Bar!!
Roasted Chicken
Wings
Choice of Sauce:
Buffalo or BBQ
French Fries
Roasted Sweet Potato

SONO:

Carne Asada
Taco Seasoned
Chicken
Soft Flour Tortillas
Or Tortilla Chips
Choice of Toppings



2Mato Served Daily

- Cheese Pizza
- Pepperoni
- Specialty Pizza

Student Choice: Mac & Cheesology

Choice of toppings:
Buffalo Chicken
Roasted Tomato
Roasted Broccoli
Seasoned Corn

GLOBAL EATS: MEXICO

Arroz Con Pollo
"Chicken & Rice"
Albondigas con Arroz
"Meatballs & Rice"
Roasted Green Beans

GLOBAL EATS: ITALY

Pasta with Italian
Meat Sauce
or Italian Meatballs
Roasted Squash
Dinner Roll

Student Choice: Bok Choy

Korean Chicken
Korean Beef Bulgogi
Stir Fry Rice
Julienne Vegetables

**HALF DAY
NO LUNCH
SERVED**

STUDENT
CHOICE
FOOD YOUR WAY

Fresh Grill Offered Daily

- Hamburger
- Cheeseburger
- Chicken Patty

**WINTER
BREAK
NO SCHOOL**

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Chenille Traylor
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chartwells
serving up happy & healthy

All meals served with fruit,
vegetable and choice of
lo-fat milk

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